

The Effect of Pregnant Follow-up with Home Visits on Perinatal Outcomes

NCT04628598

Informed Consent Form

Dear Participant, This study is a scientific research project entitled "The Effect of Home Visits on Perinatal Outcomes in Pregnancy Monitoring". This research aims to examine the effect of home visits on pregnancy, birth and postnatal outcomes.

The study will be conducted with two different groups, and you will be randomly assigned to one of these groups. Participation in the study is voluntary. We would like to inform you about the study before you decide whether to participate. If, after reading and understanding this information, you wish to participate in the study, please sign the form.

In this study, you will be asked questions via three pre-natal and four post-natal data collection forms. It is expected that you will provide appropriate and accurate answers to the researcher's questions. The study will be conducted with 64 pregnant volunteers. To participate in the study, you will be accompanied during your follow-ups at your family health centre starting from the confirmation of your pregnancy. Additionally, you will receive four home visits, during which you will receive pregnancy follow-ups and childbirth preparation training appropriate for your stage of pregnancy. Your follow-ups will be conducted by the researcher. Your first month of postnatal follow-up will be conducted by the researcher at the family health centre. The study will last until one month after your pregnancy and delivery. There is no risk or harm to you or your baby in this study. The information obtained from the study results will be used as a resource to demonstrate the impact of adding home pregnancy follow-ups to standard pregnancy follow-ups on providing better prenatal care and its effects during pregnancy, delivery, and the postnatal period.

During the research, no harmful procedures will be performed on you or your baby. You are completely free to decide whether or not to participate in the study. When deciding whether to participate, you have the right to ask for any information you wish and to receive accurate, reliable, and understandable answers. If you agree to participate, you may withdraw from the research at any time. If you do not wish to participate in the research, there will be no change or disruption to the service you receive from the clinic. You will not be asked to pay any fees for this study, nor will you be paid any fees. Your identity will be kept confidential throughout all stages of the research; only the information we collect from you will be used for scientific

purposes. Any information obtained from the research will not include your personal details in any publications, and you will not be identifiable.

Consent to Participate in the Study:

I have read and listened to the information provided above, which must be given to the volunteer before the study begins. I have asked the researcher all the questions that came to mind, and I fully understand all the explanations given to me in writing and verbally. I was given sufficient time to decide whether or not I wished to participate in the study. Under these conditions, I authorise the research coordinator to review, transfer and process my medical information and I voluntarily accept the invitation to participate in the study without any coercion or pressure.

Volunteer,

Name-Surname:

Address:

Telephone:

Date and Signature:

Researchers;

Msc Midwife Ayça DEMİR YILDIRIM, Prof. Dr. Nevin HOTUN ŞAHİN

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